



Tesla Subtle Energies for Living Systems Ancient Knowledge in Modern Science

Aeron Goldheart, CHt

Tesla's paradigm is the production of complex subtle energies that interact with one another that affect our health, mental and emotional life experience. Tesla's paradigm originated from his research and development of electric apparatus. His inventions, notably the Tesla Coil, emitted more than electrical current. Subtle energies emitted corroborate with many of the esoteric principals and spiritual beliefs that have been part of our world's cultures for millennium. These traditions hypothesize that all things, including man, are made up of a vast array of interconnecting subtle energies and energetic fields. This perspective makes it easy for us to appreciate how we are all connected to one another and to everything that occupies our universe, both seen and unseen.

As we move into our new millennium, we are poised at a unique point in human history where science and belief systems are becoming one. With it, a new standard of health and medicine begins to unfold. This new model sees the body, not only as a series of organs, glands and biological processes, but also as a network of complex subtle energies that interact with one another. This explanation of the life experience is called the Tesla paradigm.

The Creative Holistic Integration Torus Mandala Visualization as a Holistic Health Intervention

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Creative Holistic Integration (CHI) is a synergistic holistic self-care system using subtle energy. The presentation will combine experience and discussion of the Torus Mandala Visualization as a quick, easy and efficient intervention for stress management.

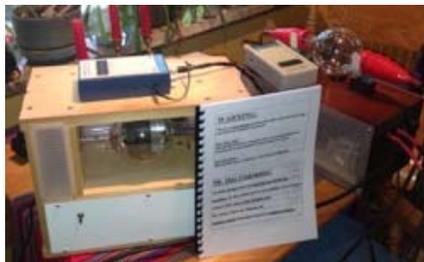
The Torus Mandala Visualization has three components:

- 1) A visualization of a Torus Mandala (circular symbol).
- 2) Heart-centered toroid patterned breathing.
- 3) Mental repetition of a breath mantra (repetitive focus phrase).

The audience will self-assess stress levels on the Subjective Units of Distress Scale (SUDS) before and after experiencing the intervention. A discussion of intervention will follow.

The original study on the physiological effects of the CHI Process was presented as a Doctoral Dissertation at Holos University. An experiment with repeated measures utilized 23 male and 35 female Sri Lankans, randomly assigned to an intervention group and a control group. All procedures were carried out individually. Heart Rate Variability was recorded in both groups before, during and after three five-minute sessions.

Descriptions of thoughts and physical sensations during the observation period were recorded on audiotape. The intervention group showed statistically significant improvements, and perceptions of well being. The control group sat quietly with eyes closed, breathing normally. Little or no change in the repeated measures was observed.



The Medicine of the Future: The Galvanic Bath

Byington Sim

Historically, as far back as 1890, the American ElectroTherapeutic Association conducted annual conferences on the therapeutic use of electricity and electrical devices by physicians on ailing patients. Some involved current flow through the patient; while others were electrically powered devices.

We are electromagnetic (EM) beings with so much EM activity in our body that the chemical exchange almost pale into insignificance. The study of the biological effects of electromagnetic field (EMF) has only recently been called bioelectromagnetics (BEMs). There are many BEM instruments, devices and machines reemerging in the 21st century, based on Tesla coils, that apparently bring beneficial health im-

provements to human organism. The Tesla coil class of therapy devices constitutes pulsed electromagnetic fields (PEMF) that deliver broadband, wide spectrum, nonthermal photons and electrons deep into biological tissues. With short term, non-contacting exposures of several minutes at a time, such high voltage Tesla PEMF devices may represent the ideal, noninvasive therapy of the future, accompanied by a surprising lack of harmful side effects.

In 2006, Byington contracted MRSA and invented the portable galvanic to heal himself! Since then the Advanced Magnetic Research Institute (AMRI) in Tucson bought many bath machines found the scientific proof that the galvanic bath is effective as they reduce inflammation, infections, and pathogens as well as detoxify the body.